



GUIDED READING ACTIVITY 4-2

Hinduism and Buddhism

Directions: Answering Questions Reading the section and completing the questions below will help you learn about Hinduism and Buddhism. Refer to your textbook to answer the questions.

1. The Hindus tend to think of all gods and goddesses as different parts of what universal spirit?

2. Give an example from the Upanishads to describe how a person unites with Brahman.

3. What is the idea of passing through many lives to reach the Brahman?

4. In what ways did the belief in reincarnation affect Indian life?

5. Who was the founder of the religion Buddhism?

6. According to the Buddha, what three desires must be given up for pain and sorrow to vanish?

7. According to the Four Noble Truths, what steps must be followed in order to stop desiring things?

8. Name the two groups the Buddhists split into.

9. What does Mahayana Buddhism teach about the Buddha himself?

10. How is Buddhism in Tibet unique?
